

*THE SIX
VILLAGES
ASSOCIATION*



February 2020
Banham, Old Buckenham, New Buckenham,
Quidenham, Eccles & Wilby

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At a Glance	handy telephone numbers.	
<p>Police 999 (Non-urgent 101)</p> <p>Fire and ambulance 999 (non-urgent ambulance 111)</p> <p>Power cut 105</p> <p>Medical numbers</p> <p>Surgeries</p> <p>Attleborough 01953 453166 (Dispensary 01953 452663) Attleborough Health Centre 01953 457303. Kenninghall 01953 887208 Phone either surgery for out of hours numbers</p> <p>Hospitals</p> <p>N & Norwich 01603 286286 W. Suffolk. 01284713000 Spire Hosp. Norwich 01603 456181 Global Clinic, Norwich 01603 812266 Com. Hospital W Norwich 01603 776776 NHS Hospital Car Scheme 03332404100 Out of hours dental and pharmacy numbers 111.</p>	<p>Helplines</p> <p>Eastern Electricity 08007838838 Anglia Water 08457145145 BT phones. 0800800150 or Mob. 03301234150 BT Broadband Faults 08001114567. Citizens' Advice Bureau, Diss 03444111444 Tel. Preference Service 08450700707</p> <p>Travel</p> <p>Travel Line 08712002233 Diss and Attleborough Stations' 03456007245 Nor. Airport 01603 411923.</p> <p>Local Schools</p> <p>Banham Primary 01953 887293 OB Prim. 01953 860380 OB High 01953 860233 Chapel Green Sch, OB. 01953 453116 Eccles Hall 01953 887217</p>	<p>Leisure Facilities</p> <p>Theatre Royal, Norwich 01603 630000 OB Country Park 07557479199 Banham Zoo 01953 887771 Applewood Countryside Holidays 01953 715319</p> <p>Swimming pools</p> <p>Diss 01379 654754 Thetford 0184753110 Wymondham 01953 607171</p> <p>Local Government</p> <p>District Council Breckland 01362 656870</p> <p>Parish Councils</p> <p>Banham 01953 887327 New Buck 07963 860872 Old Buck. 01953 861355 Quidenham 01953 888184</p> <p>Registrar's Office (Thetford) 0344 800 8020</p>

Handy Web Addresses	
<p>Police</p> <p>Norfolk County Council</p> <p>Breckland District Council</p> <p>N & Norwich Hospital</p> <p>Citizens Advice Bureau</p> <p>Theatre Royal, Norwich</p>	<p>www.norfolk.police.uk</p> <p>www.norfolk.gov.uk</p> <p>www.breckland.gov.uk</p> <p>www.nnuh.nhs.uk</p> <p>www.citizensadvice.org.uk</p> <p>www.theatroyalnorwich.co.uk</p>

Please note, early deadline of 13th February for items for the March Newsletter

Editorial Notes

Thanks for recent feedback received from readers giving comments, suggestions and alerts of information needing updating - a great help towards keeping the newsletter relevant and useful for everyone. As a result we have started to flag up some **web addresses** of local organisations giving easy access to useful information (see Page 1). We have also been alerted to a **change to bus times** to and from Norwich. The route will change from 5A/5C to 37A (see Page 26).

Grants given to successful applicants in the Six Villages during 2019

January	OB Wine & Social Club.	£90	Supporting funds for speakers.
March	Sing Your Heart Out Wellbeing Choir.	£300	To support Voice Coaches
March	OB Luncheon Club.	£200	Provide wheel chair for outings.
August	Garnier Hall, Eccles	£450	Towards major renovations.
August	Holiday Lunches, Banham.	£100	Towards food & play items.
October	OB Church Rooms	£800	Roof repairs
October	Six Villages Community Choir	£455	Venue expenses, staging and sound system.

Do you want to apply for a grant?

The committee have prepared a simple application form to give them details of what you would like funding for. Request this form by emailing sixvillagesnews@yahoo.com or contacting Sally McGinn (01953 888183)
Supporting local community initiatives. Helping maintain community facilities

The Six Villages Newsletter is online at www.banhamandthebucks.co.uk/sixvillages. Listings are free. Email Paul Girling at paul@greystokegraphics.co.uk or 07584 000442

Do you have difficulty reading the small print in the Newsletter? - To obtain a copy in larger print contact Wendy on 01953 888165 or sixvillagesnews@yahoo.com

Do you need leaflets printed? - 25 or more, black and white A4 (two A5 leaflets fit on an A4 sheet!). A contribution towards costs appreciated. Get in touch with our editing team if you are interested.

Spaces available for local business adverts – there are still spaces available in the newsletter for business adverts for 2020. Apply now if you would like to place an advert for the rest of the year. (see below).

Newsletter Notes - Items to the editor Wendy Pontin at sixvillagesnews@yahoo.com
For flyer insertion contact Joy Stanley on 01953 887175 and for queries regarding placement of adverts contact Pat Dickinson at pat.dickinson1@btopenworld.com
Distribution–1760 copies. **Closing date for copy for the March 2020 issue is Thurs 13th Feb.** “Bundling day” is on **Tues 25th Feb, 2pm** in Banham Church.

The inclusion of an article or advert in the publication does not constitute any endorsement by the Editorial Committee of the views expressed, a product or service

SIX VILLAGES NEWSLETTER



Not just Jam and Jerusalem!

A little over 52 years ago in October 1967 a small group of women met together to form the Old Buckenham Women's Institute. Whether this particular group of women had been influenced by or took part in the Swinging decade we shall never know. But they can't have failed to be affected by it. The contraceptive pill had freed women from the endless burden of pregnancy or fear of it. Not all of that initial group would have gone out to work once married but most of them would have done so after leaving school. In time many of the women joining the W.I. would have combined their role as housewives with that of paid workers. This independence enabled them to pursue other interests.

In the present Old Buckenham W.I. branch we have women who have worked in every area and profession. From teaching to engineering, counselling to plant breeding - the range is wide. Others have chosen to remain at home to bring up their children while still pursuing their hobbies. Some have accompanied their husbands to overseas postings and others have brought up their children on their own. Whatever kind of lives they've led they have all found common ground in the W.I. and whatever their interests they come together in a spirit of friendship. The W.I. provides them with an opportunity to relax and even have fun! Apart from monthly meetings which feature speakers on a variety of subjects Old Buckenham W.I. members take part in quizzes, walks, scrabble, outings, theatre and cinema trips and are always open to new ideas for things to do. The only criteria for membership is to be female and over 18. We don't give a hoot what colour or creed our members are as long as they're open minded, have a sense of humour and enjoy good company.

Our next meeting is on the 27th of February in Old Buckenham Village Hall and the subject of the talk will be the St. Martin's Housing Trust for the Homeless. In March our meeting is on Thursday the 26th and then we will be hearing how Hats are made from start to finish. If you're interested please come along or if you would like more information please contact our secretary Betty Stacey on 01953 454790 or me at katelloyd370@gmail.com.
Kate Lloyd, President.



Garden Jottings from Ken



***If you go down to the woods today, you're in for a big surprise
It's lovely down in the woods today, and they're starting to come alive!***

Ok, so it's still a bit early for a picnic, but Spring is one of the best times of year to visit some woodland, and with the mild start to Winter things are getting going early. Already the first snowdrops and aconites are in bloom, and the bluebells and wood-anemones are pushing up through the leaf litter. On the edges and in open glades golden celandine and the pale yellow flowers of primroses and cowslips are being sought out by early foraging bees, flying past the mounded rosettes of foxgloves, soon to rise up with stately columns of speckled floral trumpets in shades of purple and white.

Most of the trees are beginning to bud ready to burst out into fresh leaf growth, but amongst the deciduous varieties clumps of evergreens can be seen; coniferous pines and English yew, spiny holly and the glossy-leaved rhododendron ponticum with its rich purple blooms. In the denser areas scattered ferns are putting out fresh fronds surrounded by moss-covered logs. The flowers of most woodland trees are fairly inconspicuous, but at this time of year the long male catkins of hazel drip from the bare branches to ensure a good crop of nuts form later on, and pussy willow bursts from the salix stems. Over the ground dead nettle and brambles scramble, joined by ivy and honeysuckle, part trailing, part climbing. All of these look so wonderful making the most of their natural woodland setting you'll just want to own a piece of it.

Now you probably haven't got space for a wood, but all of the plants mentioned have one thing in common; they don't mind a bit of shade and you've almost certainly got that, perhaps somewhere along a side path, behind a fence, or in the shadow of the house.

The above plants are just a taster, add to these many other varieties and hundreds of cultivars that are available, and you're in for a feast for your eyes, if not your belly!

Cheers, Ken

The Garden Enclosure, Banham - full of Spring cheer!

The Garden Enclosure

**Independent Plant Centre and Garden Shop
01953 888043 www.gardenenclosure.co.uk**

*Inspiring plant selections, plant sourcing and garden advice,
gardening and floristry sundries, pet supplies, gifts.....and more!*

Find us at Banham Zoo, NR16 2HE by the entry kiosks

Open Thursday to Monday, 9.30 am to 5 pm (10am to 4pm Nov to Feb)

Reports from Local Clubs

Attleborough and District Gardening Club –

The speaker at our November meeting was Cliff Amos whose talk was about the development of Attleborough Town. Cliff's fascinating and informative talk began way back to 3000BC, the Stone Age, and included an illustration of a Stone age axe that Cliff's father had found in the stream which runs to the north of Attleborough. Moving on to 1500BC to the Bronze Age with another illustration of an axe head found near Dodds Road. During the Anglo Saxon period, 600AD, Attleborough was not only regarded as a City but the Metropolis of Norfolk encompassed by walls with four entry gates to the city. Turnpike status was awarded to the town under an Act of Parliament in 1695 when toll gates were introduced.

Cliff went on to recount the history of Attleborough's growth up until modern times illustrating the many expansion periods over the years to accommodate the expanding population, accompanied by numerous old photos.

There were many more interesting facts and figures during the talk with all the information and literature being available to view at the Heritage Centre at the Community Centre buildings on the corner of Church Street/Norwich Road.

Following the talk Members enjoyed a buffet and a chance to enjoy a festive get-together. The Club would like to wish everyone a Happy and Peaceful Christmas and New Year.

The Club's next meeting will be on Wed. 19th February at the Attleborough Primary School, Besthorpe Road, Attleborough, starting at 7.30pm. The speaker will be Helen Worvill who will talk to us about 'The Four Seasons'
For further information please contact the Secretary, Ann Butcher, 01953 455552 or find us on Facebook: Attleborough & District Gardening Club.

Old Buckenham WI – The next meeting of will be on Thursday 27th February at 7.30pm in Old Buckenham Village Hall. The subject of the talk will be the St. Martin's Housing Trust for the Homeless.

Visitors always welcome. Contact Betty on 01953 454790 for more info.

Breckland Flower & Garden Club – The next meeting will be in OB Village Hall at 2pm on Thursday 13th February at which Hazel Mc Gregor will give a demonstration entitled 'Floral Fusion'. Visitors always welcome.

For more details visit our Facebook Page or phone Christine on 01953 454528

Eccles WI – In December our members enjoyed a delicious festive meal at the King's Head in New Buckenham. January saw us open the new year with an afternoon of poetry with Pam Ayres, as well as finalising our programme for the year ahead and collection of annual subscriptions. For our February meeting (Tuesday 11 February Garnier Hall, Eccles 2.00 pm) we are hoping to have a demonstration of making, cooking and tasting Danish pastries! Come along and see what we are all about!

Visitors always very welcome. Contact Jill on 01953 887513 for more info.

The Arts Society Diss - meet at Diss Corn Hall and have one ninety minute lecture per month, given by a highly-respected figure from the world of art, antiques, history or travel. Everyone welcome. Visit <http://dissdfas.org.uk>

Bridge in Attleborough every Tues. from 1 to 4.45pm. Enjoy a friendly game at Holly Court, near St Mary's Church. We play the Chicago version, and provide refreshments. Cost £2. New members welcome. Contact Bob Gee on 01953 887743, bobgee49@live.co.uk or Mary Parker on 01953 860167.

Bunwell Camera Club meet at the **Tibenham Community Hall** on the **1st and 3rd Tuesday** of the month at 7.30pm It is a small friendly club. New members always welcome. Details at www.bdcameraclub.co.uk/

Meet up Mondays – Come along to the Town Hall, Queens Square Attleborough on the 2nd and 4th Monday of each month (2pm – 4pm). All welcome for tea/coffee and biscuits. Mervyn Beales 01953 454604

Banham over 60's Coffee and Chat – We get together on the **3rd Friday of every month at 10am in Banham Church**. Come along to enjoy good company and a chat. If you like to 'knit and natter' bring your knitting or craft too. Refreshments £1.50 Any queries contact Sue on 01953 716084.

Attleborough Health Walks –Join the Attleborough Ramblers on their weekly walks starting at 10.30am. Below are the walks & meeting points.

3 Feb, Snetterton, Visitor Centre Car Park, Wild Horse Welfare, Hall Farm, Ada Cole Avenue, NR16 2LP (1.4 or 3.05ml)

10 Feb, Great Ellingham, The Crown PH, 30 Church Street, NR17 (4.5mls)

17 Feb, Redgrave & Lopham Fen, Visitor centre, Low Common Rd, South Lopham, IP22 2HX (3.75 mls)

24 Feb, Bunwell, Village Hall, 10 The Turnpike, NR16 1SW (3.55mls)

2 Mar, Wreningham, Bird in Hand PH, Church Road, NR16 1BJ (4.35mls)



Pilates at Banham Community Centre

'Mindful movements for all' - to regain the body's natural rhythm, movement and coordination

A variety of classes are now being offered in the small hall at Banham Community Centre. Whether you are a total beginner, already a keen Pilates enthusiast, or just intrigued come along and try a class within a friendly, relaxed atmosphere.

The classes already running on Tuesday and Thursday mornings will continue (note earlier start for Thursday class). Two new classes will follow on from these at a more intermediate level

Tuesdays 9.30 – 10.30am (General / Core class)
10.45 – 11.45am (General / Intermediate class)

Thursdays 9.00 – 10.00am (General / Beginner class)
10.15 – 11.15am (General / Intermediate class)

If you are interested in coming to any of these classes please call Debbie on 07771 544549 or email mindfulmovementsforall@gmail.com.

More clubs / activities at our Community Centres on Pages 11 & 12

Banham Community Centre

There is a large Sports Hall and small meeting hall (both for hire). The Social Club opens Wed, Thur & Fri from 7.30-11.30pm and Sun from 5pm. There is pool table, dart board & free WiFi. Glass recycling bins & clothes bank outside.

Telephone 01953 888628 to enquire about the above or hire of the halls

60's Dances 8pm (£7.50) unless otherwise stated)

Sat 1st Feb – Hi-Definition

Sat 7th Mar – Kenny & The Motives

Yoga Classes - Mondays 1–2.15pm in the small hall with June Roberts.
Contact June on 01953 498343

Pilates Classes - Tues 9.30 & 10.45am Thurs 9 & 10.15am in the small hall. Classes are for all levels of abilities. Beginners welcome.

Contact Debbie on 07771 544549 or at mindfulmovementsforall@gmail.com.

Banham Badminton Club. New players very welcome. Mondays and Thursdays 8.30pm to 10.30pm. For experienced players and beginners alike. 1st weeks free. Contact adam@adampower.co.uk tel: 01953 660281.

Banham Short Mat Bowls Club meets every Monday between 2 and 5 pm.

Banham Toddler Group takes place every Monday (except bank holidays) 10am – 12 noon in the small hall. £2 per family. See our Facebook page.

Garnier Village Hall/Social Club, Eccles

Social club opening times:- **Thursdays-7pm** Petanque matches. **Fridays-7pm** Club night Membership £1 year, children free. Local Real Ales. Hall & Bar for hire - full catering facilities (contact for booking 01953 454528) Free WiFi Internet. 'Mixed Glass' bottle bank available for recycling glass. Visit www.garnierhall.co.uk or email garniervh1925@gmail.com for all info.

Spring cleaning? - have you items to sell at our **Table top sale** on Sat 28th March, 10-4pm. Contact garnier1925@gmail.com to book a table - cost £5

Open music mic 1st Friday in month. 7th Feb, 6th March, 3rd April etc.

Line dance group Wed 1pm - 3pm - come along all welcome.

Flower arranging classes for beginners, 1st Tues of the month 7–9pm, Contact Christine on 01953 454528 for details and to book.

Eccles WI - meet 2nd Tuesday of every month at 2pm. Visitors welcome
Contact Jill on 01953 887413 or email jillannm1@gmail.com

Old Buckenham Church Rooms

A characterful hall available to hire (£5 per hour), with simple kitchen facilities and seating for approximately 50. Activities inc **Monday Mardle**-1st & 3rd Mon of month, **Cubs** - Mon evening, **Yoga** - Mon evening, **Fawns Toddler Group** - Fri am (term time), **Coffee after Church** every Sun (10.30am)
Contact Lydia Darrah for bookings. 01953 861360 or lydiadarrah@hotmail.co.uk

Wine & Social Circle - meet on the 2nd Thursday of the month at 7.45pm. Everyone welcome. For more information ring 01953 860845.

Old Buckenham Village Hall

Mondays: Invigorate Fitness; Rainbows; Beavers

Tuesdays: Zumba; Karate; Bowls. **Wednesdays:** Luncheon Club, Slanted Dance. **Thursdays:** Breckland Garden Club, Pilates, OB Players, OB WI

Fridays: Yogacise; Karate. **Saturdays:** Special events

Visit www.oldbuckenham.org.uk for more details

Pilates classes every **Thursday** 9.30-10.30am & 10.45-11.45am.

For more information email heatherormerodpilates@gmail.com

Pilates Class every Thursday at 2pm – call Amanda on 07557 025513

Yogacise Class every Friday at 9.30am. No experience necessary, suitable for all ages. Contact Eileen Oliver on 01953 860664.

OB Luncheon Club meets on alternate Wednesdays, 10–1pm. (See P28 for dates). Open to anyone living alone in the Six Villages (transport arranged if needed). For more information contact Bridget Burton on 01953-860241

Breckland Flower and Garden Club – meets on second Thursday of the month. All welcome. £6 visitors. Tel. 01953 454528 for further details.

Quidenham Reading Room

Quidenham Reading Room is a small, cosy, period room with many original features including a log fireplace. A 'Coffee Morning' is held on the first Sat. of the month 10.30a.m.-12noon (excluding Jan.). Occasionally, a book sale is held and seasonal gatherings of residents and families can be booked.

For more information and booking contact: 01953 888604.

New Buckenham Village Hall

Many groups such as badminton, kettle bells, Fitsteps, Slimming World, historical war games and Good Companions use the hall. We have exhibitions and theatrical productions. We can cater for parties & weddings.

For booking phone 07469 715517 or visit www.newbuckenhamvillagehall.co.uk

Pilates classes weekly **Mon** 9.30-10.30am & 10.30-11.30am. **Wed** 6.30-7.30pm & 7.30-8.30pm. Varied classes for all levels. For more information email heatherormerodpilates@gmail.com

Dragons Martial Arts, Kung fu and Kickboxing lessons. Weekly classes on Wednesdays -Little Dragons 16.30. Adults 17:30. Contact Jamie-Lee on 01953 887991 info@jwcorenutrifit.co.uk

The Good Companions - A club for the over 50s which meets on the third Thursday of the month starting at 2.30 pm. Membership is open to all from any of the villages. Annual subscription is £12 per person. Further details from Dianna on 01953 860636. See Page 28 for meetings & outing dates

NB Silver Band – meets every Thursday, 8-10pm. All ages / abilities welcome. Bookings secretary ali.austin@tiscali.co.uk

At the time of writing this page last year Brexit had just been voted on in Parliament, and MPs were debating what to do next. By the time you receive this it will have only just happened, except it won't feel like it's really happened because we'll have only just begun the long road to redefining our relationship and regulations with Europe.



On a rather longer time scale, God has done the same thing with us. He voted in his constituency of three (or is it one?) to 'save the world' and did it in Jesus Christ, but it doesn't much look that way as we read the news. He's working on that redefining of relationships with us all the time, and although in one sense the regulations for living are set by him already, there is a sense that we continually work out how those regulations apply in every generation as new situations crop up.

I encourage you to pray for our leaders, political and economic and whatever other area you feel others are in control. I think prayer changes people for the better, particularly the person praying, but also those they pray for, and I encourage you to learn to pray.

Recently I had cause to visit Quidenham monastery for their evening prayers. When the set prayers are done, they turn out the lights, and sit in the church in darkness and in silence, for an hour. I'm sure it's not nonstop inner verbal dialogue going on, but if you tried it and found the silence too much you try saying this, calmly, quietly, at a measured pace: *'Our Father in Heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread, forgive us our sins as we forgive those who sin against us, lead us not into temptation but deliver us from evil. For the kingdom, the power and the glory are yours, now and forever. Amen.'*

Steve Wright

Contact details

Priest in charge	Rev Canon Stephen Wright	01953 887183
For Banham	Rev Canon Stephen Wright	01953 887183
For Old Buckenham	Rev Alistair Monkhouse	01953 860845
For New Buckenham	Mrs Helen Pearson (Reader)	01953 860251
For Eccles Quid & Wilby	Rev Alan Smith	01953 860550
Benefice Administrator	Jill Moses jillannm1@gmail.com	01953 887413

Services for February 2020		
Sunday 2nd Presentation of Christ		
Banham	09.30 16.00	Parish Eucharist Messy Extra
Old Buckenham	09.30	Parish Eucharist
New Buckenham	11.00	Parish Eucharist
Quidenham	09.30	Morning Worship
<i>Readings: Malachi 3.1-5; Psalm 24; Hebrews 2.14-end; Luke 2.22-40</i>		
Sunday 9th 3rd Sunday before Lent		
Banham	09.30	Parish Eucharist
Old Buckenham	08.00 09.30	Holy Communion Morning Worship
New Buckenham	11.00	Parish Eucharist
Wilby	09.30	Parish Eucharist
<i>Readings: Isaiah 58.1-12; Psalm 112; 1 Corinthians 2; Matthew 5.13-20</i>		
Sunday 16th 2nd Sunday before Lent		
Banham	09.30	Morning Worship
Old Buckenham	09.30	Parish Eucharist
New Buckenham	11.00	Mattins
Quidenham	11.00	Parish Eucharist
<i>Readings: Genesis 1.1-2.3; Psalm 136; Romans 8.18-25; Matthew 6.25-end</i>		
Sunday 23rd Sunday next before Lent		
Banham	08.30	Parish Eucharist
Old Buckenham	09.30	Parish Eucharist
New Buckenham	11.00	Morning Worship
Eccles	11.00	Parish Eucharist
<i>Readings: Exodus 24.12-end; Psalm 2; 2 Peter 1.16-end; Matthew 17.1-9</i>		
Wednesday 26th Ash Wednesday		
Old Buckenham	19.30	Parish Eucharist
<i>Readings: Joel 2.1-2, 12-17; Psalm 51.1-8; 2 Corinthians 5.20-6.10; Matthew 6.1-6, 16-21</i>		

More details of our churches and events on www.quidenhamgroup.co.uk



Youth Café

Fridays
7.30-9.30pm
(during term time)

at **St. Mary's Church, Banham.**

For young people over 11.

Contact Steph or Jonathan on
01953 887396



Saturday Café

St Mary's Banham

1st February, 7th March

10-12noon

All the usual goodies

(Bacon rolls, scones, cakes, hot drinks etc)

All welcome

Friday Club

Fridays 6.15-7.15pm
(during term time)

For children up to 9 years.

meets at Rowancroft,
Kenninghall Rd, Banham

Contact Steve and Gill
Eggleton. 01953 887579



Messy Church

in

St Mary's Banham

from 4 - 6pm

2nd February

8th March

**A monthly fellowship for all the family
with craft activities around a bible story
with song and refreshment**

Contact Steve on 01953 887183.

Friends of Banham Church (FOBC)

FOBC is set up to support the fabric of our historic village centrepiece. Funds are raised through events during the year and by subscriptions of only £10 per year. To join, please pick up a form from one of our events or in the Church.

New Life Church (affiliated to the Evangelical Alliance)

meet at **Banham Community Centre**

Morning Services every Sun (except the last Sun. of each month) at 10am

Evening Service on the last Sunday of each month at 6.00 pm

Everyone is welcome to join us in these services

visit www.nlcbanham.org.uk or ring Jonathan Richardson on 01953 887396

Old Buckenham Methodist Church, Hargham Road hold an informal, friendly service every Sunday morning at 10.45 am. All are welcome. For more information on activities or for enquiries to hire the church for events please visit our website <http://oldbuckenhammethodist.yolasite.com/> phone 01953 861207 or email oldbuckenham.methodist@aol.co.uk

Banham Spire Lighting: Do you have an anniversary soon? A wedding or special event in your life? You can have the church spire lit up to celebrate your special day. Donations towards costs appreciated
Please contact Canon Stephen Wright on 01953 887183

Communion: 10am, All Saints, Old Buckenham - 1st Tuesday of the month followed by coffee in the Church Rooms.

N.B. Old Buckenham Church closed for rethatching. All services to be held in the Church Rooms until further notice



All Saints - Old Buckenham - On Easter Day each year, we commemorate the lives of loved ones who have died and we shall continue this tradition this year.

Flower arrangements in the church at Easter will comprise of lilies each in memory of departed relatives or friends. If you would like to contribute to this event could you please let me have your donation before the **29th March** together with the name of the persons to be remembered. It is estimated that each lily will cost in the region of £5.00 and any additional monies received this year will go towards the final stage of rethatching the roof of the Church.

If you wish to contribute please send your cheque made out to: 'Old Buckenham PCC' with details of the deceased to Revd. Alistair Monkhouse. 'Wildwood' Mill Road, Old Buckenham. Norfolk. NR17 1SG.

The Christmas Concert by our Community Choir seems to have been voted a success by all those who took part and those who came to the concert at St Mary's, Banham on December 21st.

The idea of setting up a community choir had been discussed in the summer, and advertised through the Six Villages News and by word of mouth. As a result, in September a large group of people from the six villages came together to start rehearsals under the capable direction of Shona Huckfield. The group met weekly for one hour in the increasingly chilly church as autumn turned to winter. The repertoire included a wide mix of traditional carols and Christmas favourites together with some humorous and some more reflective items. During this time you may well have noticed choir members wandering around distractedly muttering Shona's favourite warmup: "*one, one two one, one two three two one...*" On December 21st the choir's performance was enhanced by a group of handbell ringers from the village, and some high quality singing from Merely Divas from Diss. The church was full, warm and beautifully decorated. Twinkly lights swirled round the rafters and the big screen complemented the choir and provided the words for the audience to join in several of the carols.

After the singing came a festive feast, giving choir and audience an opportunity to mingle and talk.

One of the unplanned outcomes of the concert was an opportunity to work alongside a range of people from our villages and to make friends. Up to 40 people turned out on a Thursday evening every week to sing together. Maybe this community venture will have a long-lasting legacy. Fingers crossed!

Lastly a big thank you to David Hicks, who had the original idea and worked throughout to achieve its success, to Jane Hicks, who provided hot drinks and cake at rehearsal and managed the wonderful spread on the night, to Shona Huckfield and Sarah-Jane Bullock, who played and conducted a band of enthusiasts to a standard we were all amazed by, and to all those who helped in so many ways with food, equipment, chair moving etc etc,

The day after the concert, I was asked about next year. Wait and see! If it does happen again, please join us. Daphne Griffith

Events coming up

Friends of Banham Church (FOBC) – Movies @ St Marys

Tickets: £5.50 on the night, £5 in advance (*unless otherwise stated*)

You can obtain tickets from Banham P.O. or contact David on 01953 887575. Films start at 7.45pm. Join us at the church for a pre-film meal at 7pm (£4.50) Refreshments served, and you are welcome to bring your own alcoholic drinks.

Saturday 1st February – Downton Abbey (PG), Hugh Bonneville, Elizabeth McGovern and Maggie Smith. The Crawleys and their staff prepare for the most important moments of their lives. A royal visit from the King & Queen of England will unleash scandal, romance and intrigue leaving the future of Downton hanging in the balance.

Saturday 7th March – Judy (12a) Renee Zellweger and Jessie Buckley. Winter 1968 and showbiz legend Judy Garland arrives in swinging London for a sell-out run. It is 30 years since The Wizard of Oz, the voice has weakened, but its dramatic intensity has only grown and there are battles ahead on and off the stage....

Saturday 4th April – The Lion King (PG), New Voices, New Songs – In the savanna a future king is born. Simba idolises his father King Mufasa. But not everyone in the kingdom celebrates the new cub's arrival, and Scar, a former heir to the throne has plans of his own...



Four by Four

Another Stage

Four New Stage Plays by Local Writers

No Will? No Way! by Tony Vale	A Stone Left Unturned by David Howgego
Love in the Time of War by Alan Huckle	Educating Peter by Richard Crawley

Fri 28th February 2020
New Buckenham Village Hall, Moat Road, New Buckenham, NR16 2AU - Bar Available

Sat 29th February 2020
North Wymondham Community Centre, Lime Tree Avenue, Wymondham, NR18 0HH
- Pre-show and interval drinks at Robert Kett

Performances at 7:30pm Box Office Tel: 01953 861336

Ticket Price: £7.00

noda
Be inspired by amateur theatre

Bunwell & District Camera Club will be holding a **Presentation/Workshop** with Claire Oxley at the **Tibenham Community Hall**, Pristow Green Lane, Tibenham NR16 1PX on **Tuesday 18th February** from **7.30pm-9.30pm**

Claire is a creativity expert Artist, Photographer and Educator. She will be giving a Presentation and Workshop titled '**fresh thinking; new looking**'. Why do we make images, who are they for, who will see them? A session to challenge your assumptions, refresh the way you look at your subjects and perhaps energise your Photographic Portfolio

Admission for non-members £3.00. Refreshments will be available.

Visit our website www.bdcameraclub.co.uk. You may also like to visit <http://claireoxley.com> and <http://claireoxleystudio.com>



Garnier Social club presents a Chilli Night
on

Friday 28th February – Foody Friday

Ticket only £10 available from Social Club the bar

New Buckenham's next film, 'Judy', will be on Saturday, 29th February.

Renee Zellweger gives an award-winning performance as Judy Garland in a biographical drama about the American singer and actress. Much of the film is set in 1968, when Judy is performing at London's 'Talk of the Town'. It is 30 years since she shot to stardom in 'The Wizard of Oz'. Now, under considerable financial and emotional pressure, she struggles to perform.

Tickets cost £5 (£6 on the door). They are on sale at Kings Stores in New Buckenham, or can be reserved by calling 01953 861114. Doors at the village hall will open at 7pm for bar and refreshments, and ice-creams will be sold during the interval. The programme will start at 7.30pm.

spring

TABLE TOP

SALE!

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SAT

For booking . £5 a Table

Tel 01953 454528

email; garnier1925@gmail.com

www.garnierhall.co.uk

28TH March

10AM-4PM

Setup 9am

ALSO
Coffee cake
Refreshments
available.

News from Norfolk County Council

Latest budget proposals published - Significant extra investment in adults' and children's services is proposed in the county council's latest budget – but sustainable, long-term Government funding is still required. That's the message as Norfolk County Council publishes its latest £427.7m net budget proposals. This is funded by Council Tax, which is proposed to rise by 3.99 per cent – 1.99 per cent for general Council Tax and two per cent under the Government's adult social care precept. For a full report visit <https://www.norfolk.gov.uk/news/2020/01/latest-budget-proposals-published>.

A budget gap of £89.1m is forecast by 2023-24, which includes a gap of £35.5m to be addressed in 2021-22.

Bid for £4.1m to support more unpaid carers in Norfolk - A bid for £4.1m from the Government's life chances fund, to improve the lives of more unpaid carers, has been submitted by NCC. If the bid is successful the money will be used to increase support for Norfolk's unpaid carers in partnership with social investor, Bridges Outcome Partnerships (BOP) who will begin to deliver the new five-year service in Sept. 2020. It is estimated there are 99,000 informal carers, and the ambition is to reach out to more of those who might need some support and will also help those they care for. The outcome of the submission will be announced by the Department of Culture, Media and Sport in March.

Stephen Askew NCC Member for Giltcross Division
Stephen.askew@norfolk.gov.uk Tel 01953 861481

News from Breckland District Council

New job club formed in Attleborough - A new drop-in job club has been launched by Breckland Council and NCC Library and Information Service, offering advice and support to local unemployed residents who might need help with filling in applications, developing CV's or planning for interviews. Attleborough Job Club, will be in Attleborough Library every Wednesday (10.30am to 12.30pm) will offering 1-2-1 job seeker support on a drop in basis. The drop-in service is designed to help local unemployed residents gain skills, confidence and support to get into employment and develop a new career."

New car park trial launch date announced for Attleborough - From mid-March 2020, drivers in Attleborough will be limited to parking for a maximum of three hours in Queens Square Car Park. The Breckland Council-owned car park will remain free to use for 3 hours with no return within 1 hour, but drivers will be required to display a ticket in their car and people who exceed the three hour limit will be liable to pay a fixed penalty notice. Edenside and Horse Pitt Car Parks will not be involved in trial and remain free to use with no time restrictions. The car parking trial will be in operation between 8 a.m. to 6 p.m., Monday to Saturday. The Queens Square car park trial and the 3 hour time limit were requested by Attleborough Town Council and it is hoped that introducing maximum stays will make parking spaces more readily available and encourage more people into the town.

Stephen Askew Breckland Councillor for The Buckenhams & Banham Ward
stephen.askew@breckland.gov.uk Tel: 01953861481

Banham Parish Council, keeping you informed



The Parish Council hopes that everyone had a lovely Christmas and New Year. We received many positive remarks about the Christmas tree on The Green, which has now been removed. We wish all a happy and healthy 2020. At its first meeting in the New Year, the Council was very sad to hear of the death of Gerry Harris. For several years, Gerry volunteered to cook delicious meals for the café at the Christmas Fairs, helping to create funds for several

charitable causes. He did this voluntarily and his reward was seeing fair goers enjoying his food and our grateful thanks. He was a truly lovely man who will be sorely missed.

We were also sorry to lose two of our most admired Councillors, Kat Sofley and Valerie Plummer. Kat and Valerie were both outstanding Councillors who will be missed by us all. We wish them every happiness and success for the future.

Parish Council has dismantled the junior swings at the play area, to be able to replace the wooden struts with a sturdy metal frame, which is in hand. The swings will then be relocated further from the hedge and gate leading into the field at the rear. This will take place when the weather improves.

Norfolk County Council refused to deal with the flooding in Church Lane; the Parish Council has hired a contractor to clear the relevant ditches to solve the problem.

The church path repairs were delayed due to the contractor's illness. It is hoped that work will commence in the next 2-3 weeks.

A case officer from Breckland Council has finally been appointed to deal with Lucy's shop in Crown Street. Our thanks go to Breckland Councillor Stephen Askew, for his dogged determination to get something done.

Just a reminder, if you spot any potholes or other road defects, or any street lights not working, just contact me and I'll report it for you

Contact Geraldine (Parish Clerk, 01953 887327 or banhamclerk@outlook.com)



POLICE & CRIME
COMMISSIONER
NORFOLK

A partnership to support victims of human trafficking and modern-day slavery is being

launched in the county thanks to funding from the Office of the Police and Crime Commissioner for Norfolk (OPCCN).

The two-year pilot scheme is being co-ordinated by the British Red Cross which aims to develop a Norfolk Anti-Slavery Network, working with partners to ensure best practice and shared learning.

The initiative has been funded under the £450k **Hidden Victims' Fund**, which was launched last year and aims to support hidden victims of crime and reduce vulnerability. The Red Cross received £66,155 under the fund for a co-ordinated and strategic response by partner organisations to recognise and support victims.

Valentine's Day - A few quotes about love for your reflection



Each act of love is like a crumb of bread for the birds of winter. The offering is cheap to give and invaluable to receive. Greg Henry Quinn



To live a little, you've got to love a whole lot. Love turns the ordinary into the extraordinary. Author Unknown



There is not as much accomplished without love as there is with it. The presence of love is the greatest method, manner, mode, agent, and tool of change that there is in the universe. Shannon Scott



Allow yourself love and when you do you will find love in return. Allow yourself to be happy and when you do you will influence others around you. Catherine Pulsifer



Love means patience, kindness and being happy when you witness the happiness of others. Jaspinder Grover



Loving someone is like caring for a garden, love it too much or too little and it dies, but love it just right and it will live forever. Anon.



The most important resource isn't time, or oil, money or gold; it's love. Without this, we may have everything, but life is nothing. Kute Blackson



When the power of love overcomes the love of power, the world will know peace. Jimi Hendrix



A dog is the only thing on earth that loves you more than you love yourself. Josh Billings



There are no great things, only small things with great love. Intense love does not measure, it just gives. Mother Teresa



Being deeply loved by someone gives you strength, while loving someone deeply gives you courage. Lao Tzu



We've got this gift of love, but love is like a precious plant. You can't just accept it and leave it in the cupboard or just think it's going to get on by itself. You've got to keep watering it. You've got to really look after it and nurture it. John Lennon



We do things for the one we love, but sometimes just being there expresses even deeper love. Give the gift of your full presence. Haemin Sunim



In the final analysis, love is not this sentimental something that we talk about. It's not merely an emotional something. Love is creative, understanding goodwill for all men. It is the refusal to defeat any individual. Martin Luther King Jr.

Mobile Library Service – February visits (15-20 mins unless otherwise stated)		
Route CEN516 Friday 14th		
Old Buckenham	10.00 The Sun	10.25 St Andrew's Close
10.50 Hargham Rd	11.15 Fen Street	14.35 -15.40 Abbey Rd
Banham	11.40-12.10 Dam Brigg (Haugh Rd bungalows)	
New Buckenham	13.20-14.30 Chapel St.	15.45 Market Place
Route CEN318 Wednesday 19th		
Banham	15.20-16.00 Apple Close	16.05-16.30 The Green
	16.35-17.05 Mill Road	
Route CEN521 Friday 28th		
Quidenham	11.20 ex. Post Office	12.15 St Edmunds Lodge

Local Bus Services					
Konectbus	37A			Semence Coaches	SE1
Outward	Mondays to Fridays			Outward	Sat
Banham, adj sch	0654	0923		OB, adj. Green	0909
OB, adj Green	0702	0931		NB, opp Green	0916
NB, adj Green	0708	0937		Banham, opp sch	0923
Norwich, City College	0803			Quid, opp Home Fm	0933
Norwich, St Stephens	0810	1038		--	--
Nor. Castle Meadow		1042		Diss, adj Bus Station	1005
Return	Mondays to Fridays			Return	Sat
Nor. Castle Meadow	1315	1615	1745	Diss, adj Bus Station	1200
Norwich, St Stephens	1320	1620	1750	--	--
Norwich, City College		1627		Quid, adj Home Fm	1229
NB, opp Green	1425	1729	1855	Banham, adj sch	1239
OB, opp Green	1432	1732	1902	NB, adj Green	1246
Banham, opp sch	1438	1738	1908	OB, opp Green	1253

Flexibus – book your journey (by 3pm the day before) - 0300 1231145

Concessionary travel for O.A.Ps – apply for free bus travel pass – 0344 800 8020

Coach Services 371 East Harling--Banham--Diss High School

Outward – Norfolk school days only		Return – Norfolk school days only	
East Harling	0750	Diss High School	1520
Banham*	0801	Banham*	1530
Diss High School	0825	East Harling	1550

*Bus stops opp. or adj. to Zoo, Greys Manor, school and phone box
 Bus also stops in Kenninghall, Winfarthing and Shelfhanger

Local Train Times between Norwich and Eccles Road

Greater Anglia (Cambridge, Ely and Norwich line)

Outward	Mon - Sat		Return	Mon - Fri		Saturday	
Eccles Road	0657	0759*	Norwich	1548	1735	1535	1738
Wymondham	0711	0816	Wymondham		1747	1547	1747
Norwich	0726	0830	Eccles Road	1610	1759	1559	1759


All trains stop at Attleborough * Stops at Spooner Row on request



Time to catch up on the latest biz Buzz

www.np4nb.online

This month: the highs and lows of the business scene in New Buckenham

 **The start of a new year but the end of a major business in New Buckenham. The Inn on the Green will close at the end of March 2020.** It has been under new ownership since 2011. Having built up a much respected restaurant which draws visitors from around the area, the owner David Francis now says, "The existing restaurant is no longer viable and has not been for some time." Unfortunately buying habits have changed... more online and takeaway, which also means less footfall. It applies everywhere - even in little villages like New Buckenham, added to which the Inn is having to compete with the King's Head and Angel Cakes Cafe. The Inn was first put up for sale in 2017 but there has been no interest. It's now been taken off the market.

 **How festive was the biz life for other on street retailers over Christmas/New Year? You might be surprised. They were!!**

The King's Head had a very busy Christmas and was pleased to be rated by Bookings.com at 9.7 out of 10 "exceptional" across the whole of 2019. They've only been open a couple of years! The kitchen normally opens 7am-3pm, then 5-10pm. Over Christmas it was wild: 7am until 11pm!!

The Kings Stores also had a busy Christmas having worked really hard in the last year to keep up with changing retail habits: new stock, new Loyalty card, and new opening times. It's tough for village stores to compete with the mass market operation in nearby towns. One supportive idea has surfaced elsewhere in the UK where villagers are encouraged to spend at least £10 per week in their local store. Could it work?

Next door in **Angel Cakes** the owners have been run off their feet, not only baking all their own cakes and savouries (everything here is home-baked) but also increasing their outside catering operation, supplying goodies to get-togethers all over the place. The verdict after the festive season was that "Business was amazing".

If you have any biz notes you want spread around, do get in touch. info@np4nb.online .



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Covering South Norfolk

Diary of regular events February 2020

Sat	1	10-12	Saturday Cafe	Banham Church
Sat	1	10.30- 12	Coffee Morning	Reading Room Quid.
Sat	1	8pm	60's dance	Banham C.C.
Sun	2	2-6pm	War Games	O.B. Village Hall
Sun	2	4-6pm	Messy Church	Banham Church
Tue	4	10-12	Coffee & Chat	O.B. Church Rooms
Tue	4	11-12	Coffee Morning	Walnut Tree, K Rd, Banham
Wed	5	10-1pm	Luncheon Club	O.B. Village Hall
Fri	7	6.15-7.15	Friday Club	Rowancroft, K. Rd. Banham
Fri	7	7.30-9 30	Youth Café	Banham Church
Tue	11	2pm	Eccles Women's Institute	Garnier Hall, Eccles
Thu	13	2pm	Breckland Flower Club	O.B. Village Hall
Thu	13	7.45pm	O.B. Wine & Social Club	O.B. Church Rooms
Fri	14	6.15-7.15	Friday Club	Rowancroft, K. Rd. Banham
Fri	14	7.30-9 30	Youth Café	Banham Church
Wed	19	10-1pm	Luncheon Club	O.B. Village Hall
Wed	19	7.30pm	Att. & Dist Gardening Club	Att. Junior School
Thur	20	2.30pm	Good Companions	N.B Village Hall
Fri	21	10am	Over 60's Coffee & Chat	Banham Church
Sat	22	8 - 12.30	Lopham Farmers Market	Village Hall, North Lopham
Thu	27	7.30pm	Old Buckenham WI	O.B. Village Hall
Fri	28	6.15-7.15	Friday Club	Rowancroft, K. Rd. Banham
Fri	28	7.30-9 30	Youth Café	Banham Church

Key C.C. – Community Centre O.B. – Old Buckenham Quid – Quidenham
 N.B. – New Buckenham Att. – Attleborough K – Kenninghall

A huge thank you from Old Buckenham Beavers to Steve and all the churchwardens for their support, showing us around their churches. We have sat in box pews, climbed up to the bell tower, walked from the Methodist church to the parish church, hunted Loch Ness monsters in another along with the Cubs, and our final visit was to a Christingle service. This has helped us complete our faith badge and part of our adventure challenge and personal challenge (The Beavers were challenged to visit at least 3 churches. One beaver has visited all 6).
Gill Hales (Old Buckenham Beaver Leader)

Quidenham History folder - A blue folder containing history of the Quidenham village and Hall was loaned out some months ago.
 If you have this folder please contact heusonchristine103@gmail.com or 01953 454528 so it can be returned to the archives. Thank you.