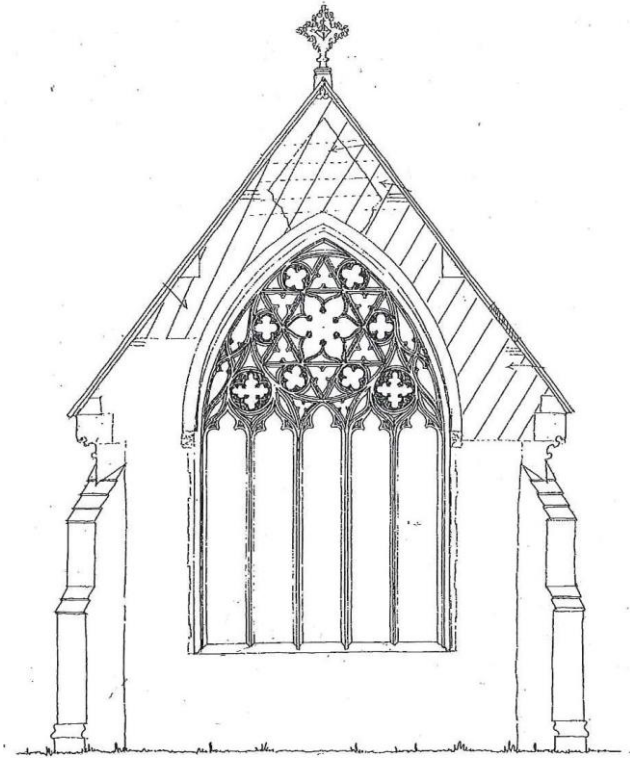


THE SIX VILLAGES NEWSLETTER



ST. MARY'S CHURCH, BANHAM
EXTERNAL EAST CHANCEL
WINDOW ELEVATION

R. H. B. 2016

September 2016

Banham, Old Buckenham, New Buckenham,
Quidenham, Eccles & Wilby

THE SIX VILLAGES NEWSLETTER

Good News from Banham

This is well on the way to becoming a real success story! Last July, when funding was secured from the Heritage Lottery Fund (HLF), St Mary's PCC started planning major repairs to the church. This development funding enabled the PCC to employ experts to assess the state of the building and cost the repairs, and also for plans to be drawn up to encourage people into St Mary's to take part in a range of heritage activities.

Now, a year later, the development and planning stage has been completed and the PCC has received the very welcome news that the Heritage Lottery Fund (HLF) will fund 73% of the costs (£229,000) to carry out the repairs and put in place a wide range of planned heritage activities.

The HLF funding is for two approved purposes:

Repairs Among the urgently needed repairs are: to the East Chancel Window; to the lead-work on the aisle roofs and spire; to the gutters and downpipes; to the rainwater drainage along the south aisle wall and repairs to the wall; to the cracks inside and outside the roof and walls of the tower stair-turret and also to improve access for future maintenance.

Heritage St Mary's will provide a range of heritage activities, many of which will build on the good work taking place already. A range of workshops is planned on subjects linked to the history and use of the church building, such as wood-carving, stonemasonry, flint-working, and handbell-ringing where we will all have the opportunity to learn new skills. A new permanent projector, screen and sound system will be available for church services, presentations and films. The grant will contribute to the costs and fees of workshop leaders and a part-time youth worker to expand youth engagement. This programme got off to an excellent start in early August when Phil Parker provided his expertise at the Banham Bat Night. The next event will be a woodworking workshop on 3rd September to coincide with Saturday cafe. More details on page 13.

A huge thank you to the HLF. The remaining 27% (£84,154) has to be raised locally through the efforts of local people - applying for grants or directly through fund-raising. The PCC is very grateful for the substantial grants that have been received so far from Banham Parish Council, The Friends of Banham Church, The Six Villages Newsletter and the Norfolk Churches Trust. Thanks are also due for the considerable generosity of individual donors. There have been many successful fund-raising activities by groups and individuals - Banham Open Gardens, Progressive Lunches, stalls at village events and the Appleyard Fair. There will be more opportunities - please continue your generous support. This story really deserves a happy ending! *Daphne Griffith*

Local Club / Society News

Breckland Flower & Garden Club

The next meeting at OB Village Hall will be on Thurs. 8th Sept. with a Demonstration by Joanne Randall entitled "Seasonal Delights" All welcome, visitors £4. Contact Christine 01953 454528 or Sally 01953 788712.

Attleborough & District Horticultural Society

Autumn Show

Sat 10 Sept - Autumn Show, 2-4pm, Connaught Hall, Attleborough

Next meeting Wednesday 21 Sept – Talk by Mrs P Harper: "Vegetables"
7.30pm, Attleborough Junior School

Bunwell Camera Club

We meet at the **Tibeham Community Hall** on the **1st and 3rd Tuesday** of the month at 8pm. Bunwell & District Camera Club is a small friendly club. We welcome new members. For details see <http://www.bdcameraclub.co.uk/>

Old Buckenham Cycling Festival – 3 & 4 September

- Returning for its second year, the Old Buckenham cycling festival will offer a fun-filled weekend for cyclists as well as the whole family. On Saturday September 3rd, Diss & District Cycling Club are organising "Crit Racing" on closed roads around village green on the afternoon of Saturday September 3rd. This super 1.1km circuit is part of the Eastern Road Race League Criterium Championships, under the rules of British Cycling.

There will also be numerous trade and craft stalls, beer festival, live music, funfair, food franchises – BBQ, Curry Van, Hot Dogs, Ice Cream and Fish & Chips, teas and cakes.

On Sunday September 4th, Classic Sunday, why not join the village bike ride, leaving the Ox & Plough at 10am? Helmets must be worn and you will be asked to sign a disclaimer. This follows the departure of the riders taking part in the "Ford Anglia Series" cyclo sportive, a 51mile (departing at 7.30am) 31mile (departing at 9am) course incorporating some of the 'best' rural fords and gravel roads in East Anglia. Shorter routes can also be ridden (departure time at ride convenience). This vintage-style cyclo sportive is designed for older style bikes, but everyone and every kind of bike is welcomed. The cycling HQ will be in the Church Rooms.

Also during Sunday 4th September 2016 there will be classic cars, buses, motorbikes, vintage bicycles, bike jumble and live music.

Find out more: www.obcycling.org www.facebook.com/obcycling

Who Killed the Headmaster?

A Murder Mystery evening from Old Buckenham Players

The play is set in the Headmaster's Office; the year is 1932. Bartholomew Rex is the Headmaster of Hornchurch Private School for Young Gentlemen. He's a pleasant, diplomatic sort of man, but he's beset by problems. The school is rapidly going downhill and a lot of people are very angry with him, but who would be angry enough to kill him?

Detective Spence has got his work cut out unravelling a particularly unpleasant, brutal and perplexing murder case – as have the audience! A quiz, prizes for best-worked solution and most comic solution, along with nibbles, a reasonable bar and set in round tables of 8.

Two nights only: Friday 23 and Saturday 24 September. 7.30 at old Buckenham Village Hall. £8 entry. Limited numbers due to table format so book early. Tickets available by calling 01603 810373.

Empty properties in Banham (extracts from report by Banham Parish Clerk)

At an adjournment of the Banham Parish Council meeting on 3 August 2016 Guest Speaker Mr Gordon Partridge, Principal Housing Officer, said that Breckland District Council (BDC) understood that empty properties needed to be reoccupied as they were not good for the community and were a wasted resource. They also caused problems such as anti-social behaviour, vermin and could become dangerous structures. There were several routes to effect re-occupation, some of which were complex and costly.

In answer to questions from parishioners he explained that the property in Crown Street is not registered as a dwelling, despite being described as a house and two flats formerly. It is therefore outside BDC's remit. It comes under the Planning Department which has served a notice under the Town and Country Planning Act on the owner giving six weeks to start a list of works. He also stated "We are nearer a solution than we have been in many years; now a notice has been served, we have more options.

News from Breckland District Council

Breckland Council will be making improvements to its phone call responses.

Our customer contact centre has been working very hard to improve call wait times for anyone phoning the council. We have made great strides in decreasing the amount of time callers have to wait and this has led to less people abandoning their call. In order to make calling the council easier we are introducing Interactive Voice Response (IVR) towards the end of the summer.

With 2-3 button pushes residents can access all services. The aim is not to avoid talking to the customer but to reduce wait times by getting residents through to the right service or information first time.

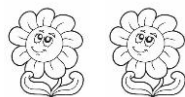
Adrian Joel - Breckland Councillor for the Buckenham's & Banham Ward

Address: 9 Hargham Road, Old Buckenham NR17 1SL

Telephone: 01953 860663, E-mail: adrianpjoel@btinternet.com



Garden Jottings from Ken



Sculptures, statues and features in the garden may serve little or no practical purpose, but whether it's a single classical piece carefully placed at the end of a long vista, or a cheerful sprite perched by the gate to welcome all who pass through, they add a certain something to their surroundings.

Ornaments are subject to personal taste, and of course beauty is very much in the eye of the beholder! Positioning is important, gargoyles and grotesques bring a sinister gothic feel and so work well in niches, on top of walls, or peering out from between tree trunks. For shady spots try a sleepy dragon curled up under some hostas, or stone frogs peeping out from amongst ferns.

If you have a more arid style of garden a cheeky meerkat sticking his head up out of drifts of ornamental grasses will raise a smile, or maybe a tortoise or two languishing in the sun.

Having concrete critters in the garden may not be to your taste (at least they don't need feeding) but features come in many shapes, styles and sizes. It could be as simple as an elegant but empty pot or urn, or an interestingly-shaped log, tree trunk, or rock placed on either a scree of gravel or a bed of bark chips.

Living features can be equally effective, trees such as the Himalayan birch (*Betula jacquemontii*) which have outstanding white bark look great on their own, in groups or as multi-stemmed specimens, especially when planted in front of a dark background. For an upright accent, columnar shrubs will stand to attention, red-leaved choices such as *Sambucus Black Tower* or *Berberis Red Pillar* make a strong colour contrast, and many choices of conifer will give an all-year-round evergreen structural element. Alternatively, lengths of castellated or cloud-pruned hedges look fantastic undulating around boundaries, while topiary features can be clipped into neat geometric shapes or made as wacky as your imagination allows!

Ornamental metal bird feeding stations or stone bird baths offering a plentiful supply of food and water will attract bird life into your garden, a treat for them and a visual delight for you.

Metal wind-spinners provide mesmerising motion in the garden, and when the wind abates the spinner becomes a static work of art. At night, solar-lit features add a new dimension to your outside space, from elegant animal silhouettes to flickering candles, and more.

If it's your garden, indulge yourself, or treat someone else to a great gift that's long-lasting and virtually maintenance-free! Cheers, Ken

The Garden Enclosure

Independent Plant Centre and Garden Shop
01953 888043 www.gardenenclosure.co.uk

*Inspiring plant selections, plant sourcing and garden advice,
gardening and floristry sundries, pet supplies, gifts.....and more!*

ind us at Banham Zoo, NR16 2HE by the entry kiosks

Open Thursday to Monday, 9.30 am to 5 pm (10am to 4pm Nov to Feb)

Mobile Library Service – August visits

| | | | | | |
|----------------------|--|--|--|--|--|
| Route CEN5412 | | | Friday 5th | | |
| Old Buckenham | 10.00 The Sun (ex. pub) | | 10.25 St Andrew's Close | | |
| | 10.50 Hargham Road | | 11.15 Fen Street | | |
| New Buckenham | 11.40 Banham Dam Brigg (Haugh Rd bungalows) | | 13.20 Chapel Street (leaving 15.15) | | |
| Route CEN348 | | | Wednesday 17th | | |
| Banham | 14.30 Mill Road | | | | |
| | 15.00 Pound Close | | 15.20 Apple Close | | |
| | 16.00 The Green | | | | |
| Route CEN128 | | | Monday 8th and 22nd | | |
| Eccles | 09.55 Station Road | | | | |
| Route CEN5415 | | | Friday 26th | | |
| Quidenham | 11.25 ex. Post Office | | 14.30 St Edmunds Lodge | | |

Local Transport

Bus

| H. Semmence & Co | | 10A | | | Norfolk Coachways | | NC1 |
|-----------------------------|------|---------------------------|------|--|--------------------------|------|------------|
| Outward | | Mondays to Fridays | | | Outward | | Sat |
| Banham, adj sch | 0700 | 0928 | | | Attleborough, | 0901 | |
| OB, adj Green | 0707 | 0935 | | | OB, adj Green | 0909 | |
| NB, adj Green | 0712 | 0940 | | | NB, opp Green | 0916 | |
| -- | | | | | Banham, opp sch | 0923 | |
| -- | | | | | Kenninghall, adj PO | 0930 | |
| -- | | | | | Quid, opp Home Fm | 0933 | |
| -- | | | | | -- | | |
| Norwich, St Stephens | 0810 | 1032 | | | Diss, adj Bus Station | 1005 | |
| | | | | | | | |
| Return | | Mondays to Fridays | | | Return | | Sat |
| Norwich, St Stephens | 1320 | 1610 | 1745 | | Diss, adj Bus Station | 1200 | |
| -- | | | | | -- | | |
| -- | | | | | Quid, adj Home Fm | 1229 | |
| -- | | | | | Kenninghall, opp PO | 1232 | |
| -- | | | | | Banham, adj sch | 1239 | |
| NB, opp Green | 1404 | 1655 | 1830 | | NB, adj Green | 1246 | |
| OB, opp Green | 1408 | 1701 | 1836 | | OB, opp Green | 1253 | |
| Banham, opp sch | 1412 | 1705 | 1840 | | Attleborough | 1302 | |

Other options

Flexibus – book your journey (by 3pm the day before) - 0300 1231145

Concessionary travel – O.A.P.? – apply for free bus travel pass – 0344 800 8020



New Buckenham Junior Football Club is recruiting new players for next season. Under 9's and Under 10's (players moving to years 4 & 5) in September. For more information contact the Club Secretary Michelle Wilford on 07775 635040, or michelle.wilford@btinternet.com

**Old Buckenham Mill
Open day details 2016**

11th Sept. 2pm– 5pm



**Prize Bingo Old Buckenham
Church Rooms**

2 pm on Saturday 1st October
Raffle & Refreshment
Money Raised for All Saints Church,
OB.

Apprentice dispenser vacancy

Do you have an interest in Healthcare; would you like the opportunity to train to become a qualified Dispenser?

Backed by the National Apprenticeship Scheme, we are seeking to employ a full-time Apprentice Dispenser at East Harling & Kenninghall Medical Practice.

You will need a minimum of 3 GCSEs, including English and Maths at Level 'C' or above, and evidence of IT proficiency.

For further information and an application form please visit:

www.apprenticeships.gov.uk or www.westsuffolk.ac.uk

Closing date for applications: 20th September 2016



“Eddie the Eagle”, New Buckenham on 1st October

This heart-warming film is based on the real life story of Eddie Edwards, the notoriously tenacious British underdog ski jumper who charmed the world at the 1988 Winter Olympics. It has received some excellent reviews.

Tickets will be on sale in September at Kings Stores in New Buckenham or via the website wegottickets.com. Advance tickets for adults are £4 (£5 on the door).

A view from the Rectory - September

Last year at this time I had just arrived in the Quidenham Group of Parishes. How much has happened in a year! Our view from the Rectory has changed as we now know more about what goes on. As our second Autumn looms ahead I'm looking forward to helping at an all-night event for teenagers in the cathedral (8pm 23rd September until 8am 24th!) featuring Guvna B. and Soul Circus, with Creative Zones, pampering, sports, food, silence and prayer – I'm hoping to take a minibus of teens there from our Friday Youth Café (£10 for the event, transport free).

If you want to know how well we survive the night, come along to meet us at the (free) Bishop's Pilgrimage day on the 24th 10am till 4pm (parking provided!) involving a scratch choir (you need to sign up), Bible studies, music workshops, healing prayers, learning to pray the Rosary, Children's activities, meditation and more. Bring your own picnic for lunch in the cloisters (or buy in the café there).

If you can't make it for the scratch choir there, join New Buckenham choir – rehearsing on the 11th September at 5.30pm for a traditional BCP Evensong at 6.30pm – music reading singers welcome in the choir, all welcome in the congregation!

Meanwhile Banham continues their series of heritage days, following a Batty Day in August with a woody woodwork morning on 3rd September, with Saturday café, a carving hunt, and a chance to try your own hand at carving and wood work!

So our view is a little different from this time last year and we're looking forward to another year in the six villages.

Steve and Jo Wright



More details of our churches and events on www.quidenhamgroup.co.uk

Please note: Closing date for church material for the **October 2016** middle pages will be **Monday 19th September**. Send to Phil at bailcott@gmail.com



Due to planned restoration work at St. Mary's, Banham although we can take bookings for weddings they may have to be held in another church in the benefice if work that weekend demands it..



Youth Café
 Fridays 8-10pm
 9th September

at **St. Mary's Church, Banham.**
 For young people over 11.
 Contact Steph or Jonathan on
 01953 887396



**Saturday Cafe and
 Heritage Day in
 St Mary's Banham**
 3rd September 10-12

**Hands on wood carving workshop led
 by craftman Steve Eggleton, with a
 carving hunt.**

Friday Club

Fridays 6.15–7.15pm
 9th September

For children up to 9 year.
 meets at Rowancroft,
 Kenninghall Rd, Banham
 Contact Steve and Gill
 Eggleton. 01953 887579

Open Door

St Mary's Church, Banham 3 - 4.30pm
Tuesday 20 September
All Welcome



Messy Church
Banham Church 4-6pm
Sunday 9th October

If you would like to get involved or help please
 contact Kate on 01953 888862..

Friends of Banham Church (FOBC)

FOBC is set up to support the fabric of our historic village centrepiece. Funds are raised through events during the year and by subscriptions of only £5 per year. To join please pick up a form from one of our events or in the Church.



Banham Spire Lighting: Do you have an anniversary soon? A wedding or special event in your life? For just £5 a night you can have the church spire lit up to celebrate your special day.

Please contact Phil Moore [01953 888333](tel:01953888333) or bailcott@gmail.com

New Life Church (affiliated to the Evangelical Alliance)
 meet at **Banham Community Centre**

Morning Services every Sun (except the last Sun. of each month) at 10am
Evening Service on the last Sunday of each month at 6.00 pm

Everyone is welcome to join us in these services

visit www.nlcbanham.org.uk or ring Jonathan Richardson on 01953 887396

Old Buckenham Methodist Church is available for community groups, organisations and individuals to book for events and activities. The church was renovated in 2001 and has a kitchen, toilets and ample parking. The building is available for £7.50 an hour. For information or to book: phone 01953 861207 or email oldbuckenham.methodist@inbox.com.

Norfolk Churches Sponsored Cycle Ride and Walk – Saturday, September 10th

The Norfolk Churches Trust sponsored cycle ride makes its annual return on Saturday September 10th. Please get involved and support St Mary's church, Banham in its on-going fundraising for the repairs to its Tower and east window. Like many local churches Banham will be open on the day from 9am to 5pm, offering refreshments and a chance for a well-earned rest en route. If you would like to take part by cycling or walking on behalf of Banham Church please get in touch with me to get a sponsorship form and a list of all open churches. Help with volunteering in the Church for an hour slot to welcome our visitors on the day would also be appreciated.

Duncan Jones 01953 888862

Banham Heritage Days

Over the next few months, there will be a series of heritage days in St. Mary's Church in Banham. We hope that these will give local people an insight into the wealth of practical skill that has been brought together over the years to make this amazing building, and to help us all to appreciate the glorious treasure that we have been entrusted with.

The 'Bat Night' that many of us enjoyed last month, was brilliantly presented and was great fun too. It helped us all to understand a little of the behaviour of these remarkable creatures that have taken up residence in the church. I am reminded of a verse in Psalm 84 "Even the sparrow has found a home, and the swallow a nest for herself, where she may have her young – a place near your altar...."

On Saturday 3rd September, there will be an opportunity to appreciate the wood work that is to be found in the church. There will be a chance to have a little go at carving, and to grapple with the structural problems of building a roof truss. There will also be a chance to search out some interesting little gems hidden amongst the carvings in the building. The day will start at 9 am. Fortuitously it coincides with the church cafe, so if you find the whole thing exhausting for body and brain, you can recover over a bacon butty.

Sticking plasters will be provided! We look forward to seeing you,

Steve Eggleton

Contact details

| | | |
|--------------------------|--|--------------|
| Priest in charge | Rev Canon Stephen Wright | 01953 887183 |
| For Banham | Rev Michael Richardson | 01953 888958 |
| For Old Buckenham | Rev Alistair Monkhouse | 01953 860845 |
| For New Buckenham | Rev Alan Wright | 01953 860300 |
| | Mrs Helen Pearson (Reader) | 01953 860251 |
| For Eccles, Quid.& Wilby | Rev Alan Smith | 01953 860550 |
| Benefice Administrator | Jill Moses | 01953 887413 |
| | jillannm1@gmail.com | |

| Services for September 2016 | | |
|---|----------------|------------------------------------|
| Sunday 4th | | |
| Banham | 09.30 | Family Eucharist |
| New Buckenham | 11.00 | Parish Eucharist |
| Old Buckenham | 08.00 09.30 | Holy Communion Parish Eucharist |
| Quidenham | 09.30 | Morning Prayer |
| Readings Deuteronomy 30:15-20 Psalm 1 Philemon 1-21 Luke 14:25-33 | | |
| Sunday 11th | | |
| Banham | 09.30 | Parish Eucharist |
| New Buckenham | 18.30 | Evensong |
| Old Buckenham | 09.30 | Morning Prayer |
| Wilby | 09.30 | Parish Eucharist |
| Readings: Exodus 32:7-14 Psalm 51:1-10 1 Timothy 1:12-17 Luke 15: 1-10 | | |
| Sunday 18st | | |
| Banham | 09.30 | Morning Prayer |
| New Buckenham | 11.00 | Parish Eucharist |
| Old Buckenham | 09.30 | Family Eucharist |
| Quidenham | 11.00 | Parish Eucharist |
| Readings: Amos 8:4-7 Psalm 113 1 Timothy 2:1-7 Luke 16:1-13 | | |
| Sunday 25th | | |
| Banham | 09.30 | Parish Eucharist |
| New Buckenham | 11.00 | Family Service |
| Old Buckenham | 09.30 | Parish Eucharist |
| Eccles | 11.00 | Parish Eucharist |
| Readings: Amos 6:1a. 4-7 Psalm 146 1 Timothy 6:6-19 Luke 16:19-31 | | |

Holy Communion: All Saints, Old Buckenham – 1st Tues. of the month followed by coffee in the Church Rooms.

Movies at St Mary's returns after its summer break
Saturday 24th September – Keeping the Olympic spirit going

EDDIE THE EAGLE (PG)

A feel-good, crowd-pleasing triumph, this terrific underdog take based on the astonishing sporting exploits of Eddie "The Eagle" Edwards has that tough of The Full Monty/Billy Elliot Brit-crafted magic, with dashes of Ealing comedy thrown in.

Tickets £4.50/£4.00 (concs) in advance from Banham Post Office. £5.00/£4.50 (concs) on the door. Pre Film meal available £4.00 – Other refreshments available. Doors Open 7.00pm, Film starts 7.45

Coming up 29th October Florence Foster Jenkins – 19th November Golden Years

Thank you

My warmest thanks for the amazing support provided by so many of you in response to my request for home-made or home-grown produce for the St. Mary's Church stall at the Appleyard Fayre on 23rd July. We had a huge array of goodies on display thanks to your kindness and generous donations, which helped us achieve a magnificent £356 in aid of our Restoration Project Funds. Deepest thanks also to those who gave their time to help with the stall on the day, as well as to Banham Parish Council for the loan of the gazebo, which provided much welcome shade on such a gloriously hot, sunny day.

Anita Bounds, on behalf of Banham PCC

Banham footpaths

Many of you are aware that Banham's footpaths have deteriorated over the past few years, some are impassible. Despite repeated appeals to fulfil their legal obligations, Norfolk County Council has failed to keep our footpaths cut and tidy because of Government cuts to its budget.

Our footpaths are part of our heritage - we cannot let them disappear for want of funds.

Would anyone like to volunteer to join a working party to tackle the overgrowth? Meet people, make new friends, catch up with old ones and have some exercise, while making a huge contribution to the maintenance of our lovely village.

If you're up for it, please let the Clerk know on 887327 or banhamclerk1@btinternet.com

Thank you. *Geraldine Sayers Cowper, Parish Clerk*



Colin, Rachael, Cameron and Alex would like to say a huge thank you to all the people that have supported Barbara and Tracey's garden parties over the last ten years. Over the years we have raised £10,000 for the Evelina Children's Heart Organisation (ECHO), which is a very small charity that helps and supports children and their families with heart conditions treated at the Evelina London Hospital. Once again thank you for your support.

Many thanks *Rachael Cooper*



Concert by New Buckenham Silver Band at All Saints Church, Old Buckenham on Thursday 29th September at 7.30 p.m. Light refreshments during the interval. Free entry but donations very welcome.



Old Buckenham's Open Produce Show will be held on **Sunday 11th September**. Entries can be taken to the Village Hall between 9.30-11.00am and the Show is open to the public from 2.30pm. Schedules are available from 01953-860845.

An advance date for your diaries - a trailer for the **Martinmas Lecture** On **November 11th**, Dr Sarah Edwards will give an illustrated lecture on '**The Big House and the Church**' in St Martin's Church, New Buckenham. Sarah is an Architectural Historian, and lectures at Madingley and NADFAS - this is not to be missed. Further details to follow.

The Jane Austen Group will meet on Monday 12th September at 10am to 11.30 am in OB Church rooms. The novel Mansfield Park will be discussed. All are welcome to attend. *Tim Bornett*

Thanks to Wilby Residents

I would like to thank the three kind people who came to my assistance at Wilby on Tuesday 19th July when my car became stuck on The Green.

To the lady opposite who offered me refreshments should I need it, on what turned out to be the hottest day of the year, to the gentleman who came from a nearby house to assist, and most especially to Paul who stopped in the first instance, took control of the situation and eventually had to go and collect his tractor to set my car back on the road again - I simply cannot thank you enough. I have never been to Wilby before but if I had to get stuck then I could not have wished for a nicer setting or to be meet such good people - thank you so much and by Good Wishes to you all, *Diane*

What's going on at our community venues?

Banham Community Centre

60's Dances 8pm (£7) 3 Sept – Beat Deluxe 1 Oct – The Strollers
Telephone 01953 888628 to enquire about the above or hire of the halls

Yoga Classes - Mondays 1–2.15pm in the small hall at Banham Community Centre with June Roberts. For more information contact June on 01953 498343

'Banham Bats' table tennis club welcomes all new players (of high school age), experienced or beginners. Come along on a Tuesday evening (school term only) 7:15 - 8:30pm. Your first week is free and then it is only £1 per week. For more details contact Mark Nash on 01953 888308 or mark.nashy@tiscali.co.uk

Banham Badminton Club. New players very welcome. Mondays and Thursdays 8.30pm to 10.30pm. A great workout for experienced players and beginners alike. 1st weeks free. Contact adam@adampower.co.uk tel 660281.

Banham Short Mat Bowls Club meets every Monday between 2 pm and 5 pm. New members always welcome.

Banham Good Neighbours - A friendly Club for the over 50s in the area. Most meetings are held on Thursday afternoons at 2.00 pm (see P. 24 for dates). Activities include speakers, entertainers and social afternoons. Coach outings take place and cost £10.00. New members welcome. Annual subscription is £8.00 per person. Contact *Sandy or Fred Collinson, Secretaries, 01953 887448*

Banham Belles is a monthly social group for ladies. Meetings are held at 7.30pm on the 2nd Wednesday of each month. Subscription is £15 per year, or £2 per meeting. Activities consist of talks, quizzes, meals out, dvd evenings. New members are welcome. Contact Annette on 01953 888238

Banham Toddler Group – we are a friendly toddler group which takes place every Monday (except bank holidays) 10am – 12 noon in the small hall. The first week is free and then it's £2 per family, including a snack and drink. All welcome. For more information see our Facebook page.

Garnier Village Hall/Social Club, Eccles

Hall for hire, full catering facilities. Social club with Bar, open from 7pm. Membership now due - £1 year, children free. Pop in on a Friday night to get your membership card. Table tennis, pool, darts. Real Ales on tap. Visit www.garnierhall.co.uk to view coming events. AGM on 1-7.16 New committee and Chairman Mrs C Hewson elected.

Cubs Tues, **Scouts** Wed, **Beavers** Thur, kenningshallscoutgroup@gmail.com

Line dance group Wed 1pm - 3pm - come along all welcome.

Flower arranging classes Wed 9.30am to 12.30pm. All welcome. Contact Christine on 01953 454528 or email: hewsonchristine103@gmail.com

Old Buckenham Village Hall

Mondays: Invigorate Fitness; Rainbows; Beavers
Tuesdays: Zumba; Karate; Bowls; Kettlebell
Wednesdays: Luncheon Club; Slanted Dance
Thursdays: Breckland Flower & Garden Club; Pilates; OB Players; WI
Fridays: Yogacise; Pastel Class; Karate
Saturdays: Special events Visit www.oldbuckenham.org.uk for more details

Pilates Class every Thursday at 2pm – call Amanda on 07557 025513 to find out more and join the class.

Yogacise Class every Friday at 9.30am. No experience necessary, suitable for all ages. Contact Eileen Oliver on 01953 860664.

Breckland Flower and Garden Club – meets on second Thursday of the month. All welcome. £5 visitors. Tel. 01953 454528 for further details.

Old Buckenham Church Rooms

The Church Rooms are used regularly for events in the village ie. Scouts, Art Club, Children's parties, Photography, Table top sales, Coffee mornings, PCC meetings, Monthly Whist, Mardle afternoon, Karate, Wine and Social Club, Green Rights and other occasions such as Funerals, Weddings, Sunday School. Contact Lydia Darrah 01953 861360 for more information and booking.

New Buckenham Village Hall

New Buckenham Village Hall serves both the local and wider community. Many groups such as badminton, kettle bells, Fitsteps, Slimming World, sewing and historical war games use the hall together with the Good Companions, annual art and photography exhibitions, the Village Show, various theatrical productions and meetings / conferences. We can cater for parties and weddings.

For booking phone 07469 715517 or visit www.newbuckenhamvillagehall.co.uk

Fitness & Martial Arts Classes take place in the Village Hall and on N.B Cricket Green (children and adults). Kung Fu & Kickboxing, Circuit Training, Outdoor Fitcamp. Contact Jamie-Lee on 01953 860943 info@jwcorept.co.uk

The Good Companions - A club for the over 50s which meets on the third Thursday of the month starting at 2.30 pm. We have entertainers, raffles, tea. There is also a summer outing and Christmas Lunch. Membership is open to all from any of the villages. Annual subscription is £10 per person. Further details from Dianna on 01953 860636. See P. 24 for meetings & outing dates

NB Silver Band – meets every Thursday, 8-10pm. All ages / abilities welcome. Bookings secretary ali.austin@tiscali.co.uk

Quidenham Reading Room

Quidenham Reading Room is a small, cosy, period room with many original features including a log fireplace. A 'Coffee Morning' is held on the first Saturday of the month 10.30a.m.-12noon (excluding Jan) primarily for the upkeep of the room and donations to local charities. Occasionally, a book sale is held and seasonal gatherings of residents and families can be booked. Contact: 01953 888604.

St Martins Charity – Single Homeless in Norfolk

Resulting from the generosity of the public within Norfolk, St Martins plan to extend the Drop-in-Centre (Night Shelter) with an additional six beds with an original estimated cost of £120,000. Without money collected from the annual Norwich street collection last December and supermarket collections this venture would not be possible. In recent years these collections have raised in excess of £50,000 per year. The money has been spent on preparing residents at the Night Shelter to avoid their returning to sleep on the streets. This has proved worthwhile.

Homelessness within Norfolk has increased by 31% during the last twelve months, a disappointing statistic, but is well below the national average. This is probably due to the work of the charity and in particular its supporters. The additional beds will of course allow the charity to take more people off the streets. During the last twelve months some 200 people sleeping rough were taken off the streets, predominately in Norwich. Happily 184 have moved on to live independently. A record that donors and supporters can be proud of.

One of the main concerns within Norfolk at the present time is the number of homeless people found sleeping rough exceeds 50%. Presumably this results from insufficient care within the community. Of course a number have drug or alcohol problems, but work within the charity shows this often results from some kind of tragedy that we would all wish to avoid: broken relationships, financial hardship, bereavement, etc. Others include a number of ex-prisoners and even service personnel having completed their term of office.

Additional collectors at supermarkets are always welcome to do a two-hour shift with everything provided (chair, display board, leaflets etc). The more volunteers, the less the workload. More details from 01953 860462. You will be in good company as once again the Bishop of Norwich will collect at Harford Bridges in the run up to Christmas. Two years ago he collected £180 in thirty minutes.

Have a look at the website: www.stmartinshousing.org.uk

The Six Villages Newsletter is now online – find the Newsletter on our local website at www.banhamandthebucks.co.uk/sixvillages. The website is run for the community and all listings are free. Email Paul Girling at paul@greystokegraphics.co.uk or on 07584 000442

Do you have difficulty reading the small print in the Newsletter? We can provide a copy of the content in larger print. Please contact Wendy on 01953 888165 or email sixvillagesnews@yahoo.com to receive a large print copy.

Do you want to apply for a grant?

The committee have prepared a simple application form to give them details of what you would like funding for. Request this form by emailing sixvillagesnews@yahoo.com or contacting Sally McGinn (01953 888183)



Supporting local community initiatives. Helping maintain community facilities

Diary of regular events September 2016

| | | | | |
|-----|----|-----------|-----------------------------|---------------------------|
| Sat | 3 | 10-12 | Banham Café | Banham Church |
| Sat | 3 | 10.30-12 | Coffee Morning | Reading Room Quid. |
| Sat | 3 | 8.00pm | 60s Dance | Banham C.C. |
| Sun | 4 | 2-6 | War Games | O.B. Village Hall |
| Tue | 6 | 10-12 | Coffee & Chat | O.B. Church Rooms |
| Tue | 6 | 8pm | Bunwell Camera Club | Tibenham Com. Hall |
| Tue | 6 | 11-12 | Coffee Morning | Walnut Tree, K Rd, Banham |
| Thu | 8 | 2pm | Breckland Flower Club | O.B. Village Hall |
| Thu | 8 | 2pm | Banham Good Neighbours | Banham C.C. |
| Thu | 8 | 7.45pm | O.B. Wine & Social Club | O.B. Church Rooms |
| Fri | 9 | 6.15-7.15 | Friday Club | Rowancroft, K. Rd. Banham |
| Fri | 9 | 8-10pm | Youth Cafe | Banham Church |
| Mon | 12 | 2-4pm | Afternoon Whist | O.B. Church Rooms |
| Wed | 14 | 10-1pm | Luncheon Club | O.B. Village Hall |
| Wed | 14 | 7.30pm | Banham Belles | Banham C.C. |
| Thu | 16 | 2.30pm | Good Companions | N.B. Village Hall |
| Fri | 16 | 6.15-7.15 | Friday Club | Rowancroft, K. Rd. Banham |
| Fri | 16 | 8-10pm | Youth Cafe | Banham Church |
| Tue | 20 | 3-4.30 | Open Door - Coffee and Chat | Banham Church |
| Tue | 20 | 8pm | Bunwell Camera Club | Tibenham Com. Hall |
| Wed | 21 | 7.30pm | Att & Dist Hort Soc | Att Junior School |
| Thu | 22 | 2pm | Banham Good Neighbours | Banham C.C. |
| Thu | 22 | 7.30pm | O.B. Women's Institute | O.B. Village Hall |
| Fri | 23 | 6.15-7.15 | Friday Club | Rowancroft, K. Rd. Banham |
| Fri | 23 | 8-10pm | Youth Cafe | Banham Church |
| Wed | 28 | | Luncheon Club | Outing |
| Fri | 30 | 6.15-7.15 | Friday Club | Rowancroft, K. Rd. Banham |
| Fri | 30 | 8-10pm | Youth Cafe | Banham Church |

Key C.C. – Community Centre O.B. – Old Buckenham Quid – Quidenham
 N.B. – New Buckenham Att. – Attleborough K – Kenninghall

Newsletter Notes

Items to be sent to the editor Wendy Pontin at sixvillagesnews@yahoo.com or contact Joy Stanley on 01953 887175. For enquiries on advertising contact Chris Mehew on 01953 887344. Distribution – 1700 copies hand delivered. Closing date for the October 2016 issue is by **6pm on Monday 19th September** please. **Folding Day** is on **Thursday 29th September** at 1.00pm, O.B. Church Rooms.

The inclusion of an article or advert in the publication does not constitute any endorsement by the Editorial Committee of the views expressed, a product or service.

More folders deliverers needed - Volunteers are required on the last Thursday of the month to help fold and staple the pages in the Church Rooms, O.B. ready for distribution. Numbers are low during holiday season and if you can spare about an hour, working in a pleasant atmosphere, it would be very helpful.. If you can help contact Joy Stanley on 01953 887175